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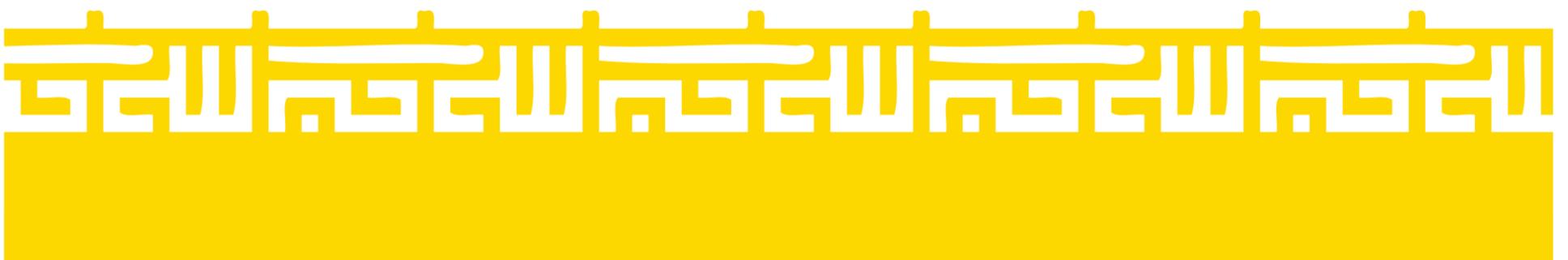
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# TABESTOON FESTIVAL

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# Discontent must be directed

The protest organized against Israel's actions in Gaza by University of Calgary students last Friday drew an interesting mix of people.

A group of young men paced up and down Macleod Trail, stopping only to say their evening prayers. Parents held children with one hand and signs reading "Free Palestine" in the other. Academics and human-rights activists spoke through a loudspeaker as a Communist Party organizer, standing to the side, quietly handed out pamphlets. And like most protests, there were a few ignorant, vulgar and short-tempered people.

Students from Solidarity for Palestine Human Rights managed to attract over 1,000 people to protest Israel's invasion and bombing of Gaza, twice the number of people that showed up to a similar protest a week prior. A larger protest is planned for July 25.

The problem is that, by itself, a protest accomplishes nothing. A crowd in front of city hall might bring people together, but it won't further a cause. Until the group is organized to take action in some way, it won't accomplish anything.

At their best, protests are a well to draw from. They're



Louie Villanueva

a chance to organize people who share common goals or complaints. Activists work best in organized and disciplined groups. A large crowd is where the work starts, not where it ends.

Students have a long history of political organizing. Conservative populists like Preston Manning couldn't win a seat in the 1988 federal election. But through the activism of University of Calgary students like Stephen Harper, western populism is now part

of the national mainstream. Students pushed for divestment of apartheid South Africa in the 1970s when criticism of systemic white supremacy was considered impolite among the upper crust. And Canada's student unions used to be a ragtag bunch. Now they're a force in provincial politics.

If you have a captive audience, show them a course of action they can believe and take part in. A lot of people came out on Friday, but only

the wormy man from the Communist Party offered me a plan.

The worst thing you can do is gather a crowd and then leave them to their own devices. Angry unguided groups become mobs, and it doesn't take much to embolden a thousand people mad about the same thing. A few people can spoil the day.

For ten minutes of Friday's otherwise tame protest, counter-protesters holding an Israeli flag stood across the street. Within minutes, a couple of hot heads were nose-to-nose with them, starting a fight. Local media snapped some photos and got their story for the day: Gaza protests devolve into violence.

I think protests are great. Nothing's more boring than apolitical people, and a lively and diverse civil society comes before good government. I encourage more students to commit to political causes, take themselves seriously and take on the challenge of effective political organizing

But it's not enough to gather the mob. You have to show them where to go or you'll just end up running alongside them.

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The Gauntlet is the official student newspaper of the University of Calgary, published most Thursdays throughout the year by the Gauntlet Publications Society, an autonomous, incorporated body. Membership in the society is open to undergraduate students at the U of C, but all members of the university community are encouraged to contribute. Opinions contained herein are those of the individual writers, and do not necessarily represent the views of the entire Gauntlet staff. Editorials are chosen by the majority of the editorial board. The Gauntlet is a forum open to all U of C students but may refuse any submission judged to be racist, sexist, homophobic, libelous, or containing attacks of a strictly personal nature. We reserve the right to edit for brevity. Grievances regarding the Gauntlet follow a three-step process which requires written decisions from the Editor, the GPS Board of Directors, and the Ombudsboard. The complete Grievance Policy is online at: <http://thegauntlet.ca>. The Gauntlet is printed with a too-good-for-the-Gauntlet based ink. We urge you to recycle/stare blankly at the Gauntlet.

**The Cover**

Design by Kaleem Khan

## NEW Summer

-MENU-



### AVOCADO CHICKEN CLUB

Grilled chicken breast, roasted garlic mayo, leaf lettuce, sliced tomato, sliced avocado & smoky bacon on toasted ciabatta Bread.

### CALIFORNIA BBQ BURGER

Grilled burger patty served with Jack Daniels BBQ sauce, cheddar cheese, crisp peppered bacon & sliced avocado.

### KALE SALAD

Candied pecans, red quinoa, dried fruit "granola" with a white balsamic lemon herb oil.

### STRAWBERRY SHORTCAKE

Gluten Free




## ...AND MORE!

CITY»

# Protest against Operation Protective Edge draws over 1,000 to city hall



Louie Villanueva

Roughly 50 police arrived at around 6:30 p.m. after a fight broke out between Israel and Palestinian supporters. No arrests were made.

Chris Adams  
News Editor

Over 1,000 protesters angered by Israeli strikes and ground invasion of Gaza gathered outside city hall on Friday, July 18, doubling the turnout of a similar protest one week earlier.

Solidarity for Palestinian Human Rights (SPHR) — a University of Calgary club — and Justice for Palestinians organized the protest, which began at 6:00 p.m. Organizers sent out the invitation on Wednesday, the day before Israel began its ground invasion of Gaza.

Speakers included SPHR president Ala'a Hamdan, U of C professor Arthur Clarke and Liberal MLA for Calgary-Skyview Garshan Kang.

"Now it's just a lot of anger because the amount of dead has gone three-fold since last time we protested," Hamdan said.

"We're here to tell our government that they should be calling for a ceasefire, which they aren't doing."

According to the New York Times, 687 Palestinians have died since Israeli raids and air strikes — known as Operation Protective Edge — began on July 8. They estimate that as of July 23, 74 per cent of deaths have been civilians. Thirty-five Israeli soldiers have been killed since ground operations began last Thursday. Over 4,000 Palestinians have been injured.

The United Nations Human Rights Council will soon begin investigating Operation Protective Edge, claiming Israel may be violating international law.

A fight broke out when protesters confronted a counter-protest of people holding an Israeli flag at around 6:15 p.m.

Etai Lahav — a member of the Israeli Defence Force — said he was on leave in Canada

the week of the protest. Lahav said he and his friends were cursed and spit at before the fight began.

"Just showing them that we're not going to stand down. We're going to continue fighting. They're bombing us like crazy," Lahav said. "We're just here standing up for our country in a different country."

The violence ended quickly as protesters — including former SPHR president Wesan Cooley — jumped in to break up the fight.

"People are angry over this. I think it's justified anger. It's the worst way to express it, but people are very angry over this," Cooley said.

Hamdan said organizers told the Calgary Police Service about the protest, but police did not arrive until 15 minutes after the fight was broken up.

Following the fight, police blocked off Macleod Trail in

“We're here to tell our government that they should be calling for a ceasefire which they aren't doing.”

— Ala'a Hamdan, SPHR president

front of city hall. No serious injuries were reported and no arrests were made.

After police blocked off Macleod, protestors spilled onto the street shouting, "We want justice, we want peace," and "Gaza, Gaza, don't you cry; Palestine will never die."

Another protest will be held Friday, July 25 at city hall. A Facebook group called Pro Israel Counter protest called on supporters of Israel to attend the protest. The group has 150 members so far.

## Why Operation Protective Edge?

**June 12, 2014** — Three Israeli teenagers are kidnapped. The Israeli government blames the abductions on Hamas, an allegation they deny.

**June 30, 2014** — Ten Palestinians are killed during raids in the search for the missing boys. The teenagers are found dead on June 30.

**July 2, 2014** — Sixteen year-old Palestinian boy Mohammed Abu Khdeir is abducted by Israeli extremists. He is burned alive in a revenge killing.

**July 7, 2014** — Hamas fires over 100 rockets at Israel, breaking the November 2012 ceasefire agreement.

**July 8, 2014** — The Israeli Defence Force launches Operation Protective Edge.



Louie Villanueva

Police showed up after clashes broke out.



Louie Villanueva

Police blocked protesters from spilling onto Macleod.



Louie Villanueva

Protesters gathered at city hall for two hours last Friday.



Louie Villanueva

Protester waving Palestinian flag at city hall.

# Students to get free access to Microsoft Office Suite with new email

University to adopt Microsoft's Office 365 email service this fall

Chris Adams  
News Editor

The University of Calgary has partnered with Microsoft to change the university's email system this August. And Microsoft's throwing in some licensed software with the new service.

With Office 365 — the email service that Microsoft developed for university and business clients — all students will get free access to the Microsoft Office Suite. The Suite includes Microsoft Word, Excel and Powerpoint, free of charge.

Students will have license to download and access Office on five devices.

Select students and staff will start using Office 365 on Aug. 8. Incoming first-year students will receive email accounts under the new system. Returning students will have the option to migrate to the new service or keep the old one until Sept. 2 when the service launches campus-wide.

Students will have access to 50 gigabytes of email storage, and one terabyte of space to store files on Microsoft's cloud storage, OneDrive. The current U of C email system has three gigabytes of email storage.

U of C email addresses will stay the same once the switch is made.

Mike Rannelli, chief information officer for the U of C, said Microsoft will maintain

students' U of C email accounts even after they leave university. He recognized the commercial benefit Microsoft gets in providing free software for students.

"If you train a K-12er on Microsoft versus another tool, the likelihood is that when you come through your educational cycle you would continue to align with Microsoft," Rannelli said.

Microsoft provides their email service to the University of Toronto, Dalhousie and Queens.

In Microsoft's agreement with the university, they are not allowed to scan emails for content, advertise on the service or sell students' information.

"That email is your email and Microsoft is truly managing that on our behalf," Rannelli said.

According to U of C's webpage on Office 365, the new system is being adopted because the current one is old, expensive and unreliable.

The U of C spent \$150,000 to adopt Office 365. Microsoft experts were brought in to help start the service and to make sure the transition goes smoothly. Rannelli said this will be a one-time cost.

"Could we have done this without those costs? The answer is yes, but I'm hesitant in that we want to make sure we have a successful rollout and students appreciate the direction we're going," Rannelli said.



Louie Villanueva

Ardiel said he's disappointed with the way Office 365 handles preferred email accounts.

The U of C hired no extra staff to maintain the new system.

The decision to change email providers was made at the Office 365 sub-committee. Students' Union vice-president student life Jonah Ardiel sat on the committee.

Ardiel said the U of C adopted a policy called the Electronic Communications Policy that prohibits the use of preferred email — the ability to link another email address to your U of C account and use them as one account. Ardiel said you won't receive responses to emails sent to faculty or staff members on your preferred

email account.

"You can still send it, you just won't get a reply. They'll reply saying you have to correspond with a UCalgary account as per our policy," Ardiel said.

Rannelli offered a solution to this problem.

"There's nothing stopping a student from fundamentally forwarding that email to one of their Google accounts or a Yahoo account. There's nothing preventing you from doing that," Rannelli said.

Students who wish to transfer emails from their old inbox will need to use this technique to migrate them

to the new one. Office 365 will not transfer your inbox from the old email system to the new system. While Ardiel is concerned about some aspects of the new system, he's hopeful about Office 365.

"While I'm disappointed that the new system doesn't automatically migrate existing emails into the new accounts and that students won't be able to reply to emails using their preferred email anymore, I feel the benefits of the new system and access to software definitely outweigh these inconveniences to students," Ardiel said.

## CO-OP PROGRAM»

# Faculty visualizes co-op education program for fine arts

Visual arts students may get the option to work for a year of their degree

Scott Strasser  
News Assistant

A new co-operative education program for visual arts students may come to the University of Calgary this Fall.

Students' Union vice-president academic Hana Kadri said the proposal for a visual arts co-op program has already gone through the Academic Priorities Subcommittee (APS) and is awaiting approval from the Academic Planning and Priorities Committee (APPC).

"Generally speaking, whatever is passed at APS will be passed at APPC," Kadri said. "From what it looks like there is soon going to be an addition to the co-op program for students in the fine arts."

If passed, visual arts students will be able to pair their degrees with full-time work experience.

The co-operative education program allows students to supplement their degrees with three four-month work terms. Co-op students typically alternate periods of full-time work

with academic terms.

Arts department head Brian Rusted said there are many institutions and organizations in Calgary that would benefit from hiring visual arts students.

"We routinely have the artist-run centres and galleries in the city contact us looking for summer interns," said Rusted. "I think the arts community, arts institutions, museums, would all be possible options for our students."

No organizations have signed on to the visual arts

co-op program yet.

Currently, 36 programs from the faculty of arts provide co-op opportunities. Two-hundred-and-twenty arts students are currently participating in these programs.

While the co-op program adds at least a year to a student's degree, arts co-operative education coordinator Mandy Foley said work experience gained through the program helps students with their career prospects after graduation.

"[The co-op program] gives

students a chance to explore different options they may have not thought of," Foley said. "It also gives them great networking skills. By the time they've got a year of work under their belt, their resume is very strong and gives them an edge."

There are two deadlines to apply for co-op programs — Dec. 1 or May 1.

If the visual arts co-op program is launched this fall, students will be able to apply for the program before the Dec. 1 deadline.

## TUITION AND FEES»

# U of C looks to adopt mandatory \$400 admission deposit for new students

New deposit will save students a seat in their program and go toward tu-

Chris Adams  
News Editor

Incoming students may start paying tuition early when they accept admission to the University of Calgary.

Administration is considering a new \$400 deposit for students who accept admission to the U of C in 2016.

Associate registrar admissions and recruitment Scott Robinson said the deposit will help administration get a better idea of how many students will attend the university. He added that the U of C is one of the only universities in Canada that does not charge a tuition deposit.

"The intent is that any new student entering would pay a deposit that would go toward their tuition fees and to confirm their seat in the program that they've been offered admission

to," Robinson said.

Students will not be able to get a refund if they decide not to attend the U of C.

The U of C used to charge an annual optional tuition deposit. Administration abolished the deposit because students were simply opting out of it.

"I think people were left wondering, 'why do we have this when some students clearly paid this and some students didn't,'" Robinson said. "There was a lot of administrative time backing out when they didn't pay it because there really was no repercussion."

Robinson distinguishes the new deposit from the old one by calling it an admissions acceptance deposit.

The deadline for admission acceptance will likely be moved to June 1. The University of British Columbia, McGill and the University of Alberta all require a tuition deposit



Louie Villanueva

Kadri said the changes will make the U of C more competitive.

and have June 1 deadlines.

Students' Union vice-president academic Hana Kadri said the changes are meant to encourage students to accept admission sooner.

"We actually have one of the later final dates to accept in Canada, so it kind of puts us at

the back," Kadri said. "Students are waiting for other universities to get back to them before accepting ours. That kind of makes us a less competitive institution."

Students with low-income status can opt-out of the \$100 acceptance fee the university

currently charges. Robinson said low-income students won't be able to opt-out of the new deposit.

"More likely what we would do is have a waiver program for students who qualify [low-income]. But that's really what we have to explore and we need to make sure we have those accommodations similar to other institutions," Robinson said.

Robinson said students who are approved for student loans will likely be able to waive the deposit.

Student leaders and members of enrolment services discussed the deposit at Calendar and Curriculum Committee. While Calendar and Curriculum Committee has outlined plans for the deposit, nothing is final.

"There still is consultation that needs to happen here, approval that needs to happen," Robinson said.

## RESEARCH»

## U of C professor studies the 21st century workplace

Alexander Kim  
Gauntlet News

Research from University of Calgary assistant professor and psychologist Thomas O'Neill suggests that while more businesses have employees working from home, some of them have more trouble adjusting to the new workplace than others.

O'Neill — who calls the trend remote working — identified personality traits that predict

job satisfaction, perceptions of performance and the tendency to "cyberslack" by wasting time on the Internet.

"We're like Pavlovian dogs now," O'Neill said. "Our energy and attention is immediately re-directed upon seeing any kind of stimulus like that. It can take between ten minutes to a half-hour to get fully re-immersed in a state of focus and flow."

O'Neill said remote working is here to stay and that it's important to understand how

employees can be most effective within the new model.

"The nine-to-five grind is archaic and it doesn't work anymore," O'Neill said. "[Young people] are not going to put up with that. [They're] looking for engagement. [They're] looking to grow and learn. Remote work fits perfectly with that mentality."

Procrastinators should be aware of workplace distractions. O'Neill advised turning off digital distractions that pop up on your computer.

Two Calgary businesses with remote workers — a financial investment firm and a talent management firm — were used in the study. Data was collected from 174 participants.

O'Neill is developing an assessment tool to help employees work more effectively from home. He said individuals should be aware of when they work most effectively and plan

their days around those times.

"Two hours [of work] in that peak time could be like a day in non-peak time," he said.

Honest, cooperative and organized workers were more likely to be satisfied with their jobs, be happy with their performance and were less likely to cyberslack while working remotely.

## TECHNOLOGY»

## U of C releases D2L mobile app

Sean Sullivan  
Staff Writer

The University of Calgary has released an early version of their new mobile application for the new learning management system, Desire2Learn. The app, released on July 12, is compatible with Blackberry, Windows 8, Android and iOS devices.

While the app is still in beta stage, technology integration group manager at the Taylor Institute for Teaching and Learning, D'Arcy Norman,

said it works as it should.

"It's there and it's fully functional, but we're still treating it as a beta," Norman said.

The final version of the app will be released this fall.

By syncing with your phone's calendar, the app can send push notifications when there are updates, new files and important dates.

When the U of C decided to abandon Blackboard and transition to a new learning management system — which was officially changed this summer — deciding which

system to adopt included the need to support a mobile application.

Norman said that the University wanted to make it easier for students to access the learning management system. Through Desire2Learn, they can analyze which operating systems and platforms are logging onto the system.

"Right now tablets are a really small sliver of that and so are mobile phones," Norman said. "I'm hoping we can start pushing the information so that you can use it where you are."

**Great job,  
valuable experience,  
too little pay?**

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S.U.P.E.R.WORK provides a \$1000 wage subsidy award to undergraduate University of Calgary students earning less than a competitive wage at a summer employment position related to their degree program. To find out if you qualify or to apply, visit [www.su.ucalgary.ca/superwork](http://www.su.ucalgary.ca/superwork)



**Students' Union Program for Education Related Work**

MUSIC FESTIVAL »

## Five acts not to miss at Calgary Folk Fest

Sean Sullivan  
 Staff Writer

This weekend thousands of folk music fans will descend on Prince's Island Park, running with their tarps to nab the best spots to sit and listen to some of the finest folk music the world has to offer.

There's a lot going on at Folk Fest, so to help you decide what to see, the *Gauntlet* has picked five performances you shouldn't miss.

Basia Bulat — Thursday, July 24  
 Stage 4 - 7:00 p.m.

Since her debut album *Oh, My Darling* made the 2008 Polaris Music Prize Short List, Canadian singer / songwriter Basia Bulat has gained a steady following as one Canada's most versatile folk musicians. Combining powerful vocals and a plethora of instruments — everything from an autoharp to charango and hammered dulcimer — Bulat's music is haunting and uplifting.

Her third album, *Tall Tall Shadow*, was released last September. She co-produced with

Arcade Fire's Tim Kingsbury — who share a spot with Bulat on this year's Polaris Music Prize Short List.

A Tribe Called Red — Friday, July 25 - Stage 4 - 7:35 p.m.

The three DJs from Ottawa — DJ NDN, DJ Shub and Bear Witness — exploded out of the gate in 2012 with their self-titled debut album and mix of traditional aboriginal music with EDM. Their debut album garnered them a nomination to the Polaris Music Prize Long List in 2012, which they repeated in 2013 with their follow up album, *Nation II Nation*, which was shortlisted that year.

With the band's combination of aboriginal drumbeats and vocal chants mixed with EDM and hip hop, A Tribe Called Red should get many Folk Fest fans up and dancing on Friday night.

Yamantaka // Sonic Titan — Friday, July 25 - Stage 4 - 8:55 p.m.

It's difficult to define Montreal-Toronto based band Yamantaka // Sonic Titan because they're many things at once. On one hand they're a



courtesy Amanda Ash

Basia Bulat is one of over 70 artists performing at this year's Calgary Folk Fest.

band that combines Japanese pop music with heavy metal. On the other they're a theatre troupe performing Japanese Kabuki and Noh theatre.

The self-described "Asian, Indigenous and diasporic art collective" has captured a loyal following of fans — and Polaris Music Prize Short List

nominations for each of their two albums. Expect a performance you won't soon forget.

Chad VanGalen — Saturday, July 26 - Stage 4 - 8:55 p.m.

Local Calgary musician Chad VanGalen has been releasing his strange and haunting music

for over a decade.

With a combination of catchy beats, surreal melodies and the occasional shocking or morbid lyrics, VanGalen's music is fantastically bizarre.

VanGalen has accumulated many accolades over the years, including a slew of Polaris Music Prize nominations — he received one this year for his latest album *Shrink Dust* — and a Juno nod. With his roster of traditional and handmade instruments, VanGalen will have you mesmerized.

Hydra — Sunday, July 27  
 Mainstage - 6:35 p.m.

Hydra is the multi-headed supergroup made up of Calgary-raised singer Feist and the two husband and wife duos AroarA and Snowblink. The project came together when Feist performed at the 2012 Polaris Prize awards and has taken off. Any three of them would be worth seeing perform at Folk Fest, but all together they're sure to impress.

For Folk Fest coverage follow us on twitter @GauntletUofC

LOCAL MUSIC »

## Commonwealth brings hip hop and karaoke together

Chris Adams  
 News Editor

When Josh Mandrake moved back to Calgary from Vancouver two years ago, he noticed a gap in the city's club scene — particularly a lack of hip hop events. After attending Vancouver's Hip Hop Karaoke (HHK) at Fortune Sound Club, he decided to bring the idea back to Calgary.

For the past 14 months Mandrake has hosted a successful monthly Monday night Hip Hop Karaoke at Commonwealth.

Mandrake says the night's success comes from the loyalty of regulars who have attended the rap sing along since it started in April, 2013.

"Calgary can be hit or miss for promoting nights, especially on a Monday," Mandrake says. "Even when it's not that

busy, you still get the people showing up that are having an incredible time."

HHK starts the night with crowd-pleasers to get the audience excited. Mandrake recalled last month's performance of Busta Rhymes and Chris Brown's, "Look At Me Now," saying the girl did very well with the difficult lyrics.

"Busta Rhymes must have trouble doing that verse. When that stuff happens, my heart warms. You can see the passion in the person doing it," Mandrake says.

Mandrake, who produces hip hop beats under the alias Apeface, said the best songs are ones the crowd knows. He says hip hop from the 90s is received particularly well and that knowing the track and being confident makes for a successful performance.

"It's funny to hear a

dainty woman doing a nasty Snoop Dogg song," Mandrake says. "One of my homegirls came up and did 'Gin and Juice' and she started off with 'Ya'll can suck my mother fucking dick.' She's just this tiny thing."

Mandrake says that the night brings out different groups from the hip hop community.

"You get the rap kids, the poppy girls, the gangster guys. You get all that, but it's always a positive vibe," Mandrake says. "It builds a strong sense of community where everyone can feel comfortable and let their guard down and just be who they are."

Hip Hop Karaoke's next night is on Monday, July 28. Performers go on at 10 p.m., but potential Hip Hop Karaoke idols can sign-up on the night's Facebook page or email hhk@commonwealthbar.ca to reserve their song in advance.

### short form

What is your go-to karaoke song?



"Something everyone knows, like 'Call Me Maybe'."  
 — Amy Glassman, fourth-year political science



"Anything by Young the Giant. I love that band."  
 — Jass Baidwan, fourth-year law and society



"Probably something by Maroon 5"  
 — Xiao Shang, third-year engineering



"Hurt by Johnny Cash."  
 — Ajinkya Khoche, fourth-year engineering

Photos: Louie Villanueva, Interviews: Liv Ingram

CULTURAL EVENT »



courtesy Borna Izadpanah

London-based Iranian fusion band Ajam Band will be among the musicians performing at Calgary's inaugural Tabestoon Festival.

# Tabestoon Festival showcases Iranian arts and culture

Liv Ingram  
Entertainment Editor

**T**abestoon Festival, the first contemporary Iranian arts and culture festival in Calgary, is making its debut this weekend. Tabestoon, which is Farsi for summer, aims to promote contemporary Iranian arts and culture in Calgary.

"A lot of people are familiar with what Iran used to be because of its 2,500 year history, but nobody is really familiar with present day Iran," says Emad Keshmiri, marketing consultant for the festival. "Despite what we might see in politics or in media, there really isn't much else out there to show us what contemporary Iranian culture is about. The aim of the festival is to show a little bit of roots, but bridge that with modern day Iran."

Organized by the Persian Gulf Foundation (PGF) — a registered non-profit that started as the U of C Persian Gulf Club — the festival is the first of its kind in Western Canada. The festival will feature a mix of traditional and contemporary Iranian culture, from rug weaving to rock music.

Keshmiri says he realizes rock music is not what people typically associate with Iranian music.

"That's something that is a little bit unheard of in Iranian culture, which is all about classic and traditional art," says

**///** Despite what we might see in politics or in media, there really isn't much else out there to show us what contemporary Iranian culture is about.

— Emad Keshmiri,  
marketing consultant for Tabestoon Festival

Keshmiri. "The fusion bands [such as performers Ali Azimi and Ajam Band] really show what the new generation is about and what's happening in the arts scene in Iran today."

In addition to live music, there will be performance art and fine art exhibitions. The main draw for people, Keshmiri says, is the hands-on workshops where festival goers can try their hand at traditional carpet weaving and play traditional Iranian instruments.

"The idea was to be engaging as opposed to just being demonstrative or just an exhibit. I think that is really key for someone who is not familiar with the language or with the culture," says Keshmiri. "They will be able to get their hands dirty."

The original plan was for Tabestoon to be a bi-annual festival, but due to the overwhelming support of the local and international Iranian community, Keshmiri says the PGF hopes to expand the festival

into a multi-day annual festival. Details for the next festival have not been finalized.

Putting together a festival can be a daunting task, but Tabestoon came together in just five months.

"Tabestoon festival started off as a very big vision," says Keshmiri. "But we hope Tabestoon will be one of many institutions [that] promotes Calgary as a cultural hub and an attractive place to visit."

The festival happens on Saturday, July 26, at Olympic Plaza, with free events from 12:00 p.m. – 6:00 p.m. Tickets for Ali Azimi and Ajam Band start at \$35 and are available at ticketbud.com, Atlas Specialty Supermarket, House of Kabob, Arch Persian Lounge, Shaheen grocery store and at the U of C from the Iranian Graduate Students Association.

.....  
For more information and a complete program visit [tabestoon.ca](http://tabestoon.ca)

STAFF PICKS »  
JULY 24 -24

**Thursday, July 24:**  
JPNSGRLS release their latest album *Circulation*, with guests Go for the Eyes and John Lesbian Seagull.

Place: Broken City  
Time: 9:00 p.m.

**Friday, July 25:**  
Better Living DJ's from Edmonton spin with Wax Romeo, A-Mac and Reese.

Place: The Hifi Club  
Time: 9:00 p.m.

**Saturday, July 26:**  
Milky Way Nights. Spend the evening gazing at the stars, planets and nebulae.

Place: Rothney Astrophysical Observatory  
Time: 10:00 p.m. – 2:00 a.m.

**Sunday, July 27:**  
Beef up your vinyl collection at

Recordland's Summer Sale.  
Place: Recordland  
Time: 10:00 a.m. – 5:00 p.m.

**Monday, July 28:**  
Studio Phi collaborates with House Gallery to showcase Calgary's best tattoos.

Place: Studio Phi  
Time: 12:00 p.m. – 7:00 p.m.

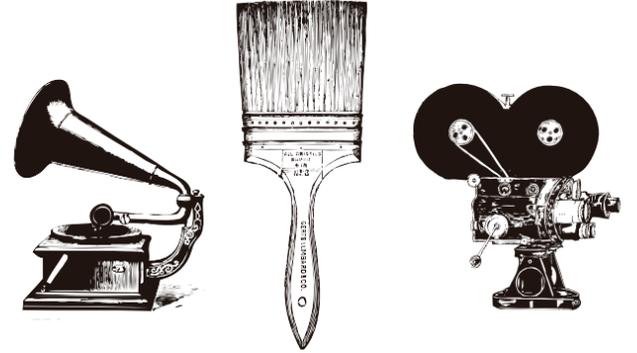
**Tuesday, July 29:**  
"Pay what you think comedy." Watch stand-up comedians perform then pay what you think the show was worth.

Place: Scotsman's Well  
Time: 8:00 p.m.

**Wednesday, July 30:**  
Shakespeare by the Bow. Theater Calgary perform Shakespeare's "A Comedy of Errors."

Place: Prince's Island Park  
Time: 7:00 p.m.

Interested in local arts and culture?



GAUNTLET ENTERTAINMENT  
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How to write for us:

1. Send us an email at [entertainment@thegauntlet.ca](mailto:entertainment@thegauntlet.ca)
2. Visit us at Room 319 in MacEwan Student Centre
3. Send us a carrier pigeon to

Latitude - Longitude: 51.078766,-114.13041



## The Gauntlet is hiring Digital Multimedia Editor

Requirements:

- Networking
- Wordpress/Coding
- Mac OS X, InDesign, Photoshop, Illustrator, Acrobat
- Troubleshooting printers, fonts, colour density, etc.

September to April - \$810 / month  
Potential good behaviour bonus of \$900.

Potential share in year end \$3,200 performance bonus pool, as decided by the Performance Pool Committee.

Email a resume and cover letter to [eic@thegauntlet.ca](mailto:eic@thegauntlet.ca) by Thursday, July 31, 2014



Health and Wellness »

# Hookah habit worse than cigarettes

Widespread misconception about ill health effects of herbal blend shisha

Ashton Chugh  
Sports Editor

**H**ookah smoking is often thought of as a safe alternative to cigarettes. However, many young adults are unaware of the potentially negative health effects of a hookah smoking session.

“There is a widespread misconception that these so-called ‘herbal’ products are somehow a healthy alternative to tobacco,” Alberta Health Services researcher Barry Finegan said in a press release. “Many people assume because they are flavoured and filtered through water, and do not contain nicotine, that they must be harmless. But this is not the case.”

As smoking tobacco indoors is outlawed in Calgary, shisha bars sell a herbal based blend instead. The difference between the two is that the herbal-based shisha contains no nicotine — the psychoactive and addictive ingredient in tobacco — and is thought to be a safe alternative.

“It’s a misuse of the word herbal, which has a connotation of health,” said Finegan. “Unlike a bottle of



Courtesy Victorigrigas

According to the CDC, your health will go up in smoke using a herbal shisha blend.

pop, which contains a list of ingredients, you can buy a package of shisha material commercially and have no idea what’s actually in it. A consumer cannot assess carefully what’s in the package and whether there’s a potential health risk; there’s no consistency to it.”

According to the Centres for Disease Control and Prevention, the smoke from herbal-based shisha contains carbon monoxide and other toxic agents known to increase the risks for smoking-related cancers, heart disease and lung disease. Basically, the simple act of combustion — burning

something — and inhaling its smoke is bad for you.

A study funded by the National Institutes of Health reports a single hookah session delivers 6.5 times the carbon monoxide and 46.4 times the tar of a single cigarette.

According to the Toronto PublicHealthAgency, 13 percent

of Canadians aged 15–19 and 28 percent of adults aged 20–24 smoked shisha from a water pipe in 2013.

The use of hookah pipes originated in ancient Persia and India. People who smoke don’t get a high from smoking shisha. It’s a largely social activity, which leads to a longer duration of a hookah session than a cigarette.

“The World Health Organization has done research, and they have determined that a typical one-hour waterpipe smoking session will expose people to 100 to 200 times the level of smoke that they would receive from a cigarette,” Maggie Hynes, health promotions coordinator at the Canadian Cancer Society, told the CBC.

In December 2013, the Alberta Legislative Assembly passed Bill 33, which prohibits the use of hookah pipes in public establishments. Bill 33’s effects are slated to be implemented over the course of 18 months. However, the private use of a hookah is still allowed.

Alberta is the only province in Canada to implement a prohibitive ban on hookah pipes in public spaces.

OPINIONS »

# Do the Commonwealth Games matter?

Relevance of sporting event created by colonialists called into question

Ashton Chugh  
Sports Editor

**D**id you know that the 2014 Commonwealth Games in Scotland began on July 23? I didn’t until my eighty-year-old grandpa asked me to tape the opening ceremonies. Hey, the Americans aren’t competing in it, so none of the major US corporations advertise.

The Commonwealth Games is an 11-day multi-sport event that features athletes from the Commonwealth. The games resemble the Olympics in terms of their billion dollar showmanship. The only major difference is that they are a stark reminder of the remnants of colonialism.

Additionally, the importance

of this billion dollar sporting spectacle is debated every four years, especially since said spectacle features lawn bowling as a serious competition.

Due to inflated security costs, many cities are simply not interested in hosting the games. The 2018 games had only two bidding cities — Gold Coast, Australia and Hambantota, Sri Lanka. Edmonton has a 50/50 chance with Durban, South Africa to host the 2022 games.

When most of the Commonwealth countries boast poor human rights records, concerns of human welfare are readily brought to the forefront of people’s minds. Homosexuality is illegal in 42 of 53 Commonwealth

countries that are competing in the games. Additionally, half of the countries still actively enforce the death penalty, and some still do so for children.

The Commonwealth Games 2013 charter explicitly states that members are committed to equality, non-discrimination and respect for human rights. Based on the list of countries competing in the Scotland games, it is clear that any enforcement of this charter is largely a farce.

Boycotts of sporting events for infringements of human rights or international law are not uncommon. Widespread protests of the 1980 Olympics in Moscow and between 1964–1988 during the

apartheid regime in South Africa are just two examples. However, this course of action is not popular since it penalizes athletes instead of the politicians overseeing human rights violations.

Scotland has the opportunity to improve the image of the Commonwealth Games as the 2010 edition in Dehli set the bar pretty low. Major concerns throughout the Dehli games ranged from an unpredictable bus system and empty venues to dengue fever and aggressive cultures.

An upside to the Scotland games is that Usain Bolt is competing for the Jamaicans in the men’s 4x100 metre relay. Bolt is considered the most exciting athlete to

compete at the event. So be sure to tune in for all of about 40 seconds, because historically, it has been rare for big name athletes to compete at the Commonwealth Games.

Scotland hopes its games will be the Advil to alleviate your sports hangover from the World Cup. By playing host to the games that features athletes from countries that are Amnesty International deadweights, Scotland is neglecting to address the human rights violations committed by the participating countries.

CBC will be streaming the games online if you needed something else to distract you from your beautiful summer.